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Bio

Dr. Albee Mendoza completed her undergraduate degree at the University of Maryland, Baltimore County, majoring in Psychology and being part of the Filipino American Student Association. She earned her doctoral degree in Health Psychology at East Carolina University, specializing in Pediatric School Psychology while being president for the Psychology Graduate Student Organization. Passionate about teaching psychology, Albee is involved in the Society for the Teaching of Psychology's Early Career Psychologists Committee, the steering committee for the Mid-Atlantic Teachers of Psychology Conference and is an Associate Editor for the Psi Chi International Psychology Honor Society's *Journal of Psychological Research*. Engaged in the Dover, Delaware community and committed to self-care, Albee enjoys kickboxing at Ignite Fitness, volunteering as part of Pursuit for Peace Princesses, and being a certified Zumba and Zumba Kids instructor. Originally from Manila, Philippines, Albee enjoys spending her free time being part of the Filipina Authors Book Club and learning how to make Filipino dishes (e.g., adobo, lumpia, pancit) with her husband and daughter.