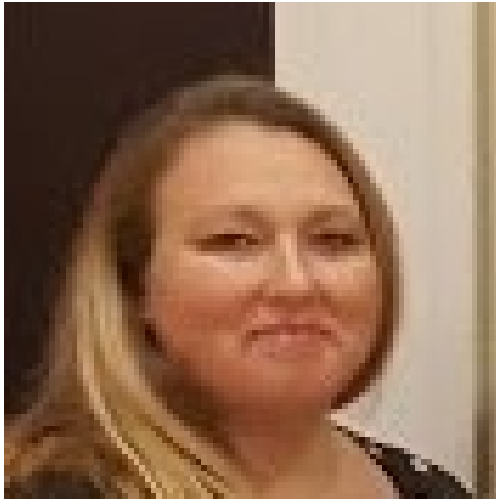


## Department of Public & Allied Health Science



**Cara Gomez, Ed.D., M.S., ATC/L, CSCS**

**Position/Title: Assistant Professor**

**Major Area: Kinesiology**

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### Education:

- **Ed.D.** 2016 Organizational Leadership (Wilmington University, Dover, DE)
- **M.S.** 2007 Exercise and Sport Science/Athletic Training (Florida International University, Miami, FL)
- **B.S.** 2005 Athletic training (University of Delaware, Newark, DE)

### Research Interest:

- Leadership development and training
- Rehabilitation
- Core stability and injury prevention

### Publications and Presentations:

- **Cordrey, C. J.**, Cleary, M. A. (2006, April). *Femoral stress fracture in a collegiate male basketball player: A case report*. Florida International University College of Education Fifth Research Conference: Section on Allied Health Professions. Miami, FL.
- **Cordrey, C. J.**, Tripp B., Jacobs P., Lopez R. (2007) *The acute effects of whole body vibration on muscular power and agility*. Oral presentation
- Florida International University College of Education 5th Research Seminar Poster Presentation **Cordrey, C. J.**, Tripp B., Jacobs P., Lopez R. (2006). Topic: *The acute effects of whole body vibration on muscular power and agility*. Poster presentation.

### Professional Organizations and Membership:

- American College of Sports Medicine

- National Strength and Conditioning Association