



## B.S. DEGREE IN KINESIOLOGY

Name \_\_\_\_\_ Email \_\_\_\_\_ D# \_\_\_\_\_

FRESHMAN FALL SEMESTER					FRESHMAN SPRING SEMESTER				
S/Y	GR	Course	Course Name	CR	S/Y	GR	Course	Course Name	CR
		UNIV-191	University Seminar I	1			PSYC-201	Intro to General Psychology	3
		KINE-101	Lifetime Fitness and Wellness	2			KINE-110	Introduction to Kinesiology	3
		MTSC-121	College Algebra or Equivalent	3			ENGL -124	Research, Rhetoric & Comp III	3
		ENGL 121/122	Rhetoric & Composition I & II	4			BIO-102	Biology II	4
		BIO-101	Biology I	4			KINE-212	Medical Terminology	3
		_____ - _____	Arts and Humanities Elective*	3					
			<b>Total Credits</b>	<b>17</b>				<b>Total Credits</b>	<b>15</b>
SOPHOMORE FALL SEMESTER					SOPHOMORE SPRING SEMESTER				
S/Y	GR	Course	Course Name	CR	S/Y	GR	Course	Course Name	CR
		HIST- _____	History ( <b>Choose One</b> ) <b>HIST 101, 102, 201, 202, 203<sup>A</sup>, 204<sup>A</sup>, 205</b>	3			KINE-255	Introduction to Motor Learning & Control with LAB	4
		KINE-210	Psychology of Physical Activity	3			KINE-265	Research Design <sup>W</sup>	3
		_____ - _____	Statistics ( <b>Choose one</b> ) <b>MTSC 241, PSYC 322, OR SCWK 310</b>	3			ENGL- _____	Literature ( <b>Choose one</b> ) <b>ENGL 201, 202, 205<sup>A</sup> or 206<sup>A</sup></b>	3
		ENGL-123	Rhetoric and Speech	3			UNIV-291	Braven	3
		BIOL 207	Human Anatomy & Physiology I	4			BIO-208	Human Anatomy & Physiology II	4
			<b>Total Credits</b>	<b>16</b>				<b>Total Credits</b>	<b>17</b>
JUNIOR FALL SEMESTER					JUNIOR SPRING SEMESTER				
S/Y	GR	Course	Course Name	CR	S/Y	GR	Course	Course Name	CR
		KINE- 300	Exercise Physiology with Lab	4			KINE-319	Biomechanics with Lab <sup>w</sup>	4
		CHEM-101	General and Analytic Chemistry I with Lab	4			CHEM-102	General & Analytic Chemistry II with Lab	4
		GLOB-395	Global Societies	3			KINE-364	Exercise Testing and Prescription with Lab	4
		MTSC-122	Trigonometry	3			KINE - _____	<b>KINE-369</b> Kinesiology Observation <b>or</b> <b>KINE-370</b> Research Experience in Kinesiology (Approval Only Course)	3
		KINE-302	Fundamentals of Kinesiology	4					
			<b>Total Credits</b>	<b>18</b>				<b>Total Credits</b>	<b>15</b>
SENIOR FALL SEMESTER					SENIOR SPRING SEMESTER				
S/Y	GR	Course	Course Name	CR	S/Y	GR	Course	Course Name	CR
		KINE - _____	<b>KINE-483</b> Kinesiology Senior Seminar Capstone I <sup>S</sup> <b>or</b> <b>KINE-481</b> Senior Seminar Research Option I <sup>S</sup> (Approval Only Course)	3			KINE - _____	<b>KINE -484</b> Kinesiology Senior Seminar Capstone II <sup>SW</sup> <b>or</b> <b>KINE- 482</b> Senior Seminar Research Writing Option II <sup>S</sup> (Approval Only Course)	3
		PHYS-111	Introduction to Physics with Lab	4			KINE - _____	Elective	3
		KINE-470	Motor Development	3			_____ - _____	Upper Level Elective	3
		KINE-465	Adapted Physical Activity	3			_____ - _____	Arts and Humanities Elective*	3
			<b>Total Credits</b>	<b>13</b>				<b>Total Credits</b>	<b>12</b>

A= African American (AA) Experience: Students should enroll in one of the following courses to satisfy the DSU AA Experience requirement: HIST-203, HIST-204, ART-316, MUSC-100, ENGL-205, or ENGL-206

\*One course must be AA experience and 2 courses must be multicultural

S=Senior Capstone: Student must be certified in CPR and First Aid and must complete all pre-requisite coursework prior to taking KINE 481, KINE 482, KINE 483, KINE 484

W-Writing Intensive

**\*\* Major ELECTIVES - KINE 200** – CPR and First Aid, **KINE 203** – Organization and Administration in Allied Health, **KINE 205**-Personal & Community Health, **KINE 220** - Seminar: OT as a Career, **KINE 363**- Physical Activity Epidemiology, **KINE 401**-Neuromechanics of Human Movement, **KINE 404**-Advanced Exercise Physiology, **KINE 410** – Clinical Exercise Physiology, **KINE 461**- Intro to Musculoskeletal Injuries and Rehab, **KINE 463**- Strength & Conditioning w/Workshop, **KINE 464** – Electrocardiography